



Grow Cardiff AGM

**19th October 2026
2.15pm, The Dusty Forge, Ely**

Agenda

- **Welcome and Introductions**
- **Apologies for Absence**
- **Minutes of the Previous AGM**
- **Annual Report**
- **Reflections from the last year**
- **Finance Report & Actions**
 - **Approval of Accounts**
 - **Appointment of Examiners**
- **Election of Trustees**
- **Any Other Business (AOB)**
- **Thanks & Close**



GROW CARDIFF ANNUAL GENERAL MEETING 2024-2025
HELD AT 6.00PM ON 28 JANUARY 2026 AT THE DUSTY FORGE, ELY, CARDIFF

- **Present:** Isla Horton (Director), Alun Jones (Chair), Aisling Judge, Rachel Miles-Baker, Geoff Smith, Penny Smith (Minutes)
- **Apologies for absence:** Frankie Curtis, Sarah Griffiths
- **Conflicts of interest:** No conflicts of interest were declared.

Review of previous AGM minutes: The minutes of the 25 January 2024 AGM were unanimously AGREED as a correct record.

Chair's remarks: Alun reviewed developments over the past period and stressed the importance of holding the organisation's progress and finance as steady as possible during challenging times for future funding.

Director's report: Isla framed her report in terms of our revised Theory of Change and the actions that flow via the three activity streams of health, education and community:

We expanded from three to four Grow Well therapeutic community gardens (Ely, Lansdowne Surgery, Riverside Health Centre, and Grangetown Medical Practice). The Wales School of Social Prescribing Research has conducted an independent evaluation of the impact of the Grow Well gardens over a four-year period, including a Social Return on Investment analysis based on 50 participants in the project.

Educational 'green growing' activities have included working with 15 primary schools in Cardiff, training teachers, teaching assistants and children to successfully develop and grow their own community gardens, mainly via the Edible Playgrounds programme developed in partnership with Trees for Cities. We've worked with Welsh language medium schools and a secondary school unit for young people with additional needs. We're focussed now on training teachers to build their confidence, skills and experience so that their gardens thrive independently. We've developed a new partnership with Cardiff University to develop our own offer to schools called Grown Your Own School, piloted in three Cardiff schools and aiming to launch in early 2026.

Community support has included mentoring, supporting and providing consultancy to several community gardens and projects across Cardiff and beyond. In particular, we've supported Riverside Community Garden at Pontcanna permanent allotments to develop a new partnership with Cardiff Salad Garden. We've also continued to mentor and support several community gardens\ school garden-related projects via the Egin\ WDA mentoring programme.

Strengthening our infrastructure to sustain our charity has included significantly upgrading our financial systems to inform our strategic and project planning as well as updating our policies and procedures and expanding our training programme to reflect our increased staffing levels and increased input from lead volunteers.

Finance report: [Grow Cardiff 24-25 Annual Accounts](#)

Election of trustees: After discussion it was unanimously AGREED that before our next AGM the trustee board will review our Constitution and take a pragmatic approach to maintaining and expanding our trustee membership in the current circumstances. It was unanimously AGREED to re-elect all current trustees for the period up to the next AGM.

Any other business: there was no other business and the meeting closed at 6.45pm.